



E-ISSN: 2278-4136  
P-ISSN: 2349-8234  
JPP 2018; 7(2): 553-555  
Received: 24-01-2018  
Accepted: 25-02-2018

**Gorane A**

(A), Department of Botany,  
Savitribai Phule Pune  
University, Pune, Maharashtra,  
India

(B), Indian Agricultural  
Research Institute Regional  
Station, Aundh, Pune,  
Maharashtra, India

**Naik A**

Department of Botany,  
Savitribai Phule Pune  
University, Pune, Maharashtra,  
India

**Nikam T**

Department of Botany,  
Savitribai Phule Pune  
University, Pune, Maharashtra,  
India

**Tripathi T**

Indian Agricultural Research  
Institute Regional Station,  
Aundh, Pune, Maharashtra,  
India

**Ade A**

Department of Botany,  
Savitribai Phule Pune  
University, Pune, Maharashtra,  
India

**Correspondence****Ade A**

Department of Botany,  
Savitribai Phule Pune  
University, Pune, Maharashtra,  
India

## GCMS analysis of phytochemicals of *C. papaya* variety red lady

**Gorane A, Naik A, Nikam T, Tripathi T and Ade A**

**Abstract**

Papaya (*Carica papaya* L.), is a fruit plant that belongs to the family of Caricaceae. The various varieties of papaya have been grown in India differing in their flesh colour, skin colour and size. The Papaya Variety, Red Lady (RL) is normally grown in India with good productivity. The current study was aimed to evaluate the phytochemical components of this variety. Methanolic extract prepared from fresh leaves RL was used for phytochemical component study using single quadrupole GCMS system of Agilent Technology. The Automated Mass Spectral Deconvolution and Identification System (AMDIS) software [National Institute of Standards and Technology (NIST), Gaithersburg, MD, USA] was used for target component library (TCL) file generation, which was final report file for study of RL for phytochemical detection. The present GCMS profiling of RL revealed presence of different metabolites.

**Keywords:** GCMS, phytochemicals, leaf extract, *Carica papaya*, RL

**Introduction**

Papaya (*Carica papaya* L.), is a fruit plant that belongs to the family of Caricaceae. It is a large perennial herb with a rapid growth rate that originates from Central America. Brazil, Indonesia, Mexico and Nigeria are the leading papaya growing countries in world. India is one of the leading producers of Papaya among 57 different countries of the tropical and sub-tropical regions of the world. The various varieties of papaya have been grown in India such as: Arka Surya, Arka Prabhath, Pusa Majesty, Pusa Delectious, Pusa Dwarf, Pusa Nanha, Coorg Honey Dew, Arka Surya, Solo, Red lady, Ranchi, CO.2, CO.5, CO.7, CO.6, and Barwani etc. All these varieties differ in their flesh colour, skin colour and size.

Papaya is rich in a number of nutrients and antioxidants and has a high medicinal value. Papaya contains provitamin a, carotenoids, vitamin C, vitamin B, lycopene, dietary minerals and dietary fibres therefore it is considered as a rich source of nutrients. Papaya peel is also used in cosmetics. The papaya latex is antimicrobial, anthelmintic, antimalarial, antifungal, antiamebic, hepatoprotective, male and female antifertility, and immunomodulatory and against histaminergic<sup>[1]</sup>.

The papaya leaves possess medicinal properties as it include active compounds like carpaine, pseudoscorpion and dehydrocarpaine I and II, choline, carposide, vitamin C and carotenoids namely  $\beta$ - carotene, lycopene, anthraquinones, glycosides. Since beginning the juice obtained from the tender leaves of papaya has been used in India as a home remedy to cure Dengue fever. At present, Papaya leaf extracts are available in the market as capsules for consumption. The leaves, seeds and the latex of the papaya are used to cure digestive problems. Papaya contains the protein digesting enzyme papain which stimulates natural digestion<sup>[2]</sup>.

The "Red Lady" papaya (*Carica papaya* "Red Lady") is a high-yielding Mexican variety that can produce 50 to 120 fruits per plant each season. It is highly susceptible to the papaya ring spot virus.

**Materials and Methods****Collection of plant material**

Fresh leaves of *C. papaya* variety Red Lady (RL) were collected from the trial field established by IARI regional station located at Aundh, Pune, Maharashtra.

**Preparation of plant extracts**

The collected plant leaves were air dried and ground into uniform powder for extraction using methanol (HPLC Grade). Leaf extract (50 mg/ ml w/v) was filtered through micropore milifilter of size 0.22  $\mu$ m. The 1  $\mu$ l of this extract was used for GC-MS analysis.

### GC-MS analysis

Single quadrupole Agilent 5975C GCMS with triple-axis detector was used with Chemstation software for analysis (Agilent). Total run time for each sample cycle was 28min. Helium was used as carrier gas at a flow rate of 1 mL min<sup>-1</sup> using the HP-5MS column. Initially temperature of the GC oven was set at 50 °C for 1min, then increased by 5 °C min<sup>-1</sup> till 100 °C held for 1 min. Lastly temperature increased by 15 °C min<sup>-1</sup> to 325 °C. Current ionization of 2.0 mA with Electron impact (EI) mode (70 eV) used for MS detection and full scan monitoring (m/z 50–600 amu) was done. Spectra were recorded at 1.562 scans per second with frequency of 2.7 scans per second. The transfer line and electron ionization (EI) were set at 250 °C and 230 °C, respectively while the MS quadrupole kept at 150 °C. The mass spectral deconvolution and aided in peak picking and identification was done using the Automated Mass Spectral Deconvolution and Identification System (AMDIS) software [National Institute of Standards and Technology (NIST), Gaithersburg, MD, USA]. Generated target component library (TCL), which was final report file for study of RL for phytochemical detection.

### Results and Discussions

Table 1 and Fig. 1 showed the presence of twenty phytochemicals in RL in 28 min cycle. The major phytochemicals present in RL in terms of their relative abundance were Benzyl nitrile; Pyridine-2-d, 6-methyl-; 1,1'-Dimethyl-2'-propenyl Benzoylformate; Osmium, [methyl-2-(1,1-dimethylethyl)-4,5-dihydroxy-3-azolidinocarboxylate(2-4,05)dioxobis(pyridine)], [OC644[2R(2.alpha.,4.beta.,5.beta.); 6(N,N Diethylaminomethyl)-2,5-dimethylphenol and Benzene, (isothiocyanatomethyl) which corresponded to 47.05%, 9.84%, 8.51%, 5.87%, 5.58% and 4.42% relative abundance respectively. The minor phytochemicals present in RL have a narrow range of relative abundance from 0.48-3.84%. The Retention time, 12.842 min was detected for Benzyl nitrile which has highest % pick area and 4.699 min of retention time was observed for Pyridine-2-d, 6-methyl-; 1,1'-Dimethyl-2'-propenyl Benzoylformate which has second highest % pick area. R)-16-Hydroxy-3-methylhexadecanoic acid and Tetracosanoic acid, methyl has 6.814 and 22.001 min retention time and 0.61 % and 0.79% pick area respectively. Last pick was observed at 27.889 min for 2-(1',3'-Dioxolan-2'-yl)-2-phenylpropanol with 3.84% pick area.

Findings from previous studies on the papaya leaves contain active compounds like carpaine, pseudoscorpion and

dehydrocarpaine I and II, choline, carposide, vitamin C and E which have health benefits. Both leaf and fruit of the *C. papaya* possess carotenoids namely  $\beta$ -carotene, lycopene, anthraquinones, glycosides as compared to matured leaves and hence possess medicinal properties like anti-inflammatory, hypoglycemic, antifertility, abortifacient, hepatoprotective, wound healing, recently its antihypertensive and antitumor activities. The presence of carpaine in leaves of papaya explains the reason why it is being effectively used as an antimalaria agent [3]. Tetracosanoic acid has the major antibacterial and antioxidant as well as antibacterial properties revealed from study of *Myristica fragrans* (nutmeg) and from *P. capillacea* [4, 5]. The study showed that Benzyl group of phytochemicals need to study for their biological activities in Papaya. Papaya Ring Spot Virus disease mostly found in RL so phytochemicals in relation to Pathogen interaction need to study in details. The present GCMS profiling of RL revealed presence of different metabolites.

The phytochemicals or analogs of the phytochemicals present in PM of *C. papaya* observed from the studies done using GC-MS analysis. Octadecanoic acid, 2,3-dihydroxypropyl ester, hexadecanoic acid, 2,3-dihydroxypropyl ester has been exhibited antibacterial activity in marine red seaweeds [6]. Methanolic leaf extracts of *Justicia*, *Adhatoda* and *Clerodendrum viscosum* showed presence of n-hexadecanoic acid [7, 8]. Antioxidant activity of The n-hexadecanoic acid, like its ester derivative also serve as anti-cancer, anti-microbial, anti-haemolytic, anti-diabetic agents in addition to causing pesticidal inhibitory action to 5- $\alpha$  reductase activity [3, 9]. Tetracosanoic acid has the major antibacterial and antioxidant as well as antibacterial properties revealed from study of *Myristica fragrans* (nutmeg) and from *Pterocladia capillacea* [4, 5, 10, 11]. The present study showed that Benzyl nitrile was a major phytochemical present in RL of *C. papaya*, which need to study for their biologic activities in papaya. The present GCMS profiling of RL variety of *C. papaya* revealed presence of variety of metabolites. Further study need to know about their biological and medicinal activities as well as mode of action of detected phytochemicals. Also Benzene and related phytochemicals present in RL need to study with respect to plant-pathogen interaction. Finally, a corresponding GC-MS assisted phytochemical profiling should be carried out in different extracts to know more phytochemicals present in RL.

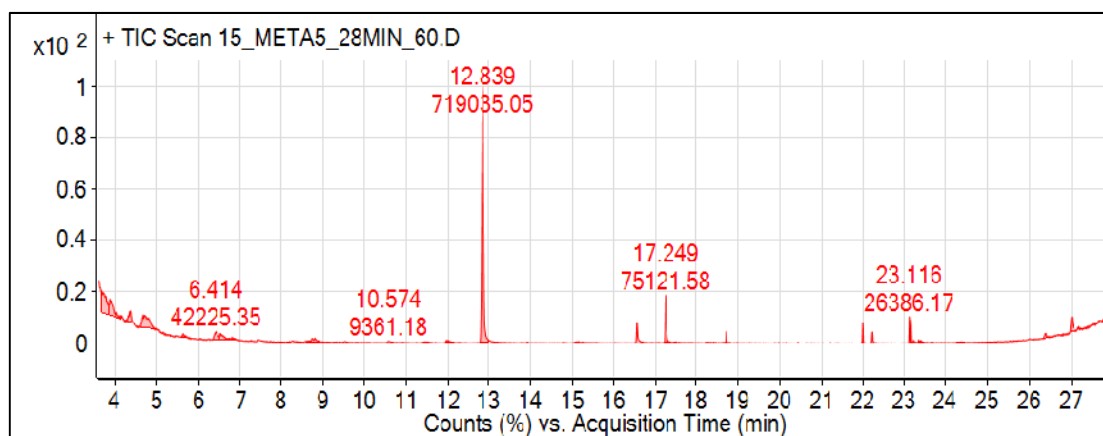


Fig 1: Gas chromatogram of RL of *Carica papaya*

**Table 1:** Phytocomponents detected RL of *Carica papaya*. RT-Retention Time, MF- Molecular formula, MW- Molecular Weight, m/z – mass /charge ratio, PA – peak area

Sr. no	RT	Phytocomponents	MF	MW	m/z	%PA
1	3.605	Osmium, [methyl 2-(1,1-dimethylethyl)-4,5-dihydroxy-3-oxazolidinecarboxylato(2-)-O4,O5]dioxobis(pyridine)-, [OC-6-44-[2R-(2.alpha.,4.beta.,5.beta.)]]-	C <sub>19</sub> H <sub>25</sub> N <sub>3</sub> O <sub>7</sub> OS	597	79	5.87
2	3.641	1,1'-Dimethyl-2'-propenyl Benzoylformate	C <sub>13</sub> H <sub>14</sub> O <sub>3</sub>	218	77	8.51
3	3.883	6-(N,N-Diethylaminomethyl)-2,5-dimethylphenol	C <sub>13</sub> H <sub>21</sub> NO	207	58.1	5.58
4	4.156	1H-Tetrazol-5-amine, 1-(2-deoxy-beta.-D-erythro-pentofuranosyl)-N-(1,1-dimethylethyl)-	C <sub>10</sub> H <sub>19</sub> N <sub>5</sub> O <sub>3</sub>	257	57	0.84
5	4.344	4-Phenyl-2-[2-(p-toluenesulfonyl)-hydrazino]-thiazole	C <sub>16</sub> H <sub>15</sub> N <sub>3</sub> O <sub>2</sub> S <sub>2</sub>	345	102	2.82
6	4.699	Pyridine-2-d, 6-methyl-	C <sub>6</sub> H <sub>6</sub> DN		94.1	9.84
7	4.799	3-Chloro-1,8,8-trimethyl-6-oxo-2,7-diazabicyclo-[3.2.1]oct-3-ene-4,5-dicarbonitrile	C <sub>11</sub> H <sub>11</sub> ClN <sub>4</sub> O	250	207	0.76
8	5.651	2,2-Bis[2-hydroxymethyl-2,3-dihydrobenzo[b]thiophene]disulfide	C <sub>18</sub> H <sub>18</sub> O <sub>2</sub> S <sub>4</sub>	394	165	0.48
9	6.415	labeled benzaldehyde	C <sub>7</sub> H <sub>6</sub> O	106	108.1	2.39
10	6.53	(3R,3'S)-3,3'-Bimorpholine	C <sub>8</sub> H <sub>16</sub> N <sub>2</sub> O <sub>2</sub>	172	86	0.83
11	6.814	R)-16-Hydroxy-3-methylhexadecanoic acid	C <sub>17</sub> H <sub>34</sub> O <sub>3</sub>	286	55	0.61
12	8.798	Methyl 2,4-dichloro-2-methyl-1,13-tridecandioate	C <sub>16</sub> H <sub>28</sub> Cl <sub>2</sub> O <sub>4</sub>	355	122	0.56
13	12.842	Benzyl nitrile	C <sub>8</sub> H <sub>7</sub> N		117.1	47.05
14	16.556	4-vinyl-2-methoxy-phenol	C <sub>9</sub> H <sub>10</sub> O <sub>2</sub>	150	150	2.02
15	17.248	Benzene, (isothiocyanatomethyl)-	C <sub>8</sub> H <sub>7</sub> NS	149	91	4.42
16	18.711	Dimethyl 2,2-dioxo-1-(3,4-difluorobenzoyl)-5-methyl-1H,3H-pyrrolo[1,2-c][1,3]thiazole-6,7-dicarboxylate	C <sub>18</sub> H <sub>15</sub> F <sub>2</sub> NO <sub>7</sub> S	427	141	0.48
17	22.001	Tetracosanoic acid, methyl	C <sub>25</sub> H <sub>50</sub> O <sub>2</sub>	382	74	0.79
18	23.118	Cyclobutene, 1-methyl-3-propyl-	C <sub>8</sub> H <sub>14</sub>	110	67	1.06
19	23.162	4-(Methoxymethyl)-1-methylenecyclohexane	C <sub>9</sub> H <sub>16</sub> O	140	79	1.12
20	27.889	2-(1',3'-Dioxolan-2'-yl)-2-phenylpropanol	C <sub>12</sub> H <sub>16</sub> O <sub>3</sub>	208	73.1	3.84

### Acknowledgements

The Authors are thankful to the UGC, New Delhi and Savitribai Phule Pune University, Pune for financial assistance as well as Head, Department of Botany, Savitribai Phule Pune University and Head, Indian Agricultural Research Institute, Regional Station, Pune for providing laboratory facilities to carry out the project.

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