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## Preliminary Phytochemistry, Antioxidant activities and GC/MS of the most abundant compounds of different solvents fractions of the Plant *Bridelia ferruginea* Benth used locally in the management of Diabetes

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#### Abstract

**Background:** Plants and their derived products have been employed since prehistoric era for their therapeutics and health benefits, in addition to their invaluable food and nutritive values. *Bridelia ferrugihea* is one of such plants endowed with poly-therapeutics activities and has been employed extensively by traditional herbalists in Nigeria for management of various sickness.

**Objectives:** This study carried out the preliminary phytochemical screening, evaluated antioxidant activities, chromatographic and GC/MS of different solvents extracts of *Bridelia ferruginea* leaf.

**Materials and Methods:** Antioxidant activities, phytochemical screening, chromatographic analysis and GC/MS analysis were performed using standard methods.

**Results:** The phytochemical screening revealed the presence of various secondary metabolites such as alkaloids, flavonoids amongst others. The extract demonstrated some antioxidant activities. The GC/MS of various fractions revealed Palmitic acid, vinyl ether, E-heptadecenal,4.4,6a,6b,8a,11,12,14b-octamethy 1,12a14,14a,14b-octadecahydro-2h-picen-3–one;:2,2,6-trimethyl-1-(2-methylcyclobut-2-enyl)-hepta-4,6 dien-3-one;Hexadecanoicacid ethyl ether; Phytol; Neophytadiene and 2-Pentadecanone,6,10,14 trim ethyl as the most abundant constituents.

**Conclusion:** The study revealed that the multiple physiological and pharmacological and antioxidant activities of the plant extract could be attributed to the presence of secondary metabolites justifying local use of the plant and the claims by the traditional healers that the plant drug could be used to manage some disease states that might not be easily managed by orthodox medicines.

Keywords: Phytochemistry screening, antioxidant, chromatography and GC/MS

#### Introduction

Plants and their derived products have served from the outset as veritable sources of food for the sustenance of lives of humans and animals. The discovery since prehistoric era that plants' products, in addition to their nutritive values, could also serve as useful therapeutic weapons against various human, animal and even plant diseases has made plants a sine qua non to human and animal lives (Ogbonnia *et al.*, 2008; Abo *et al.*, 2008) <sup>[54, 1]</sup>. Medicines obtained from plants are popularly known as "Herbal drug" or "phytomedicine" and is currently renowned and recognized as the most common form of alternative medicine. Herbal medicine is used by about 60% of the world population both in the developing and in the developed countries where modern medicines are predominantly used (Ogbonnia *et al.*, 2009; Adesoka *et al.*, 2010) <sup>[55, 3]</sup>. The use of these plant remedies especially in the form of teas or extracts for the treatment of various diseases is gaining increasing popularity, making them the main stay of health care system, especially among the rural populace in the developing countries (Ali *et al.*, 2006) <sup>[7]</sup>. Their increasing popularity could be attributed to their advantages of being efficacious, cheap and also could be employed to manage diseases that orthodox medicines cold only proffer palliative solutions.

The physiological and pharmacological activities of the plant drugs could be attributed to secondary metabolites or "natural products" present in them which could be alkaloids, products of acetate, mevalonic acid pathways such as terpenes and terpenoids, flavonoids or products of shikimic acid pathways (Ebong *et al.*, 2008; Cimanga *et al.*, 1999)<sup>[11, 10]</sup>.

Several orthodox drugs currently used for the management of some disease states have been found to proffer only palliative measures and might be associated with serious side-effects but in diabetes, they are often unable to lower glucose concentrations to within the normal range, or to reinstate a normal pattern of glucose homeostasis. The orthodox drugs even when they are effective, their uses are often restricted by their pharmacokinetic properties, secondary failure rates and accompanied undesirable effects.

For these reasons, there is ardent need to intensify search for an acceptable, cheap and safe drug sources and, therefore, alternative therapy of plants and plant derived products are being considered as the best options (Ogbonnia *et al.*, 2010) <sup>[57]</sup>. Plants also have been found to contain secondary metabolites or natural products with antioxidant activities.

Oxidative stress emerges from the existence of free radicals (molecules possessing an unpaired electron) and reactive oxygen species (ROS), formed in normal physiological processes but become deleterious when they are not quenched by a cascade of antioxidant systems. Oxidative stress has been considered as a major contributing factor associated with the  $\beta$ -cell damage (Oyaizu, 1986: Hutching *et al.*, 1996; Quilliot *et al.*, 2005; Adika *et al.*, 2011) <sup>[65, 26, 91, 4]</sup> and can result either from an overproduction of ROS or from the inactivation of the antioxidants, thereby shifting the balance in favour of oxidative stress. *Bridelia ferruginea* Benth. (Euphorbiaceous) is one of such plant based drugs being investigated for the management of oxidative stress especially in diabetes.

*Bridelia ferruginea* Benth. (Euphorbiaceous) is commonly found in Savannah regions (Ekanem *et al.*, 2008) <sup>[15]</sup>. Its bark extract has been used for the coagulation of milk and also lime juice for the formulation of a traditional gargle "Egun Efu". It is also reported of having potential for water treatment and chemo preventive potentials. Other reported activities of the bark extract include trypanocidal, molluscidal (Adeoye *et al.*, 1988) <sup>[2]</sup> antimicrobial (Ndukwe *et al.*, 2005) <sup>[51]</sup> and anti-inflammatory (Olajide *et al.*, 1999) <sup>[63]</sup>. Hence, in this study, we carried out systematic investigation of the preliminary phytochemical screening, antioxidant activities, thin layer chromatographic identification and separation of the fractions and GC/MS characterization of the fractions of *Bridelia ferruginea*, along with identification of compounds in the most solvent fractions.

#### Materials and methods

#### **Preparation of plant extracts**

Fresh leaves of *Bridelia ferruginea* Benth (Euphobiaceae) were bought from a local market in Abeokuta and were identified and authenticated by O.O. Oyebanji, a taxonomist at Department of Botany, University of Lagos. A voucher specimen with voucher number LUH 7550 was deposited at the herbarium of the Department of Botany for reference purposes. They were dried under room temperature and ground to coarse powder. The powdered leaves were extracted using cold macerations in 90% ethanol for two weeks. A rotary evaporator was used to concentrate the extract. The crude extract obtained was further lyophilized at - 4  $^{\circ}$ C to obtain 88.20g dry mass (7.35% yield).

#### **Reagents and chemicals**

General chemicals used include organic solvents (n-Hexane, Ethyl acetate and Methanol). Other chemicals used were 3, 5-Dinitrosalicylate reagent (DNS) and sodium carbonate. All were obtained from Merck and were of analytical grade.

### **Preliminary Phytochemical Screening**

Phytochemical screening of the extract for the presence of secondary metabolites was performed with standard methods described by (Farnsworth 1966; Sofowora 1993; and Harborne 1998; Houghton and Raman 1998; Saidu *et al.*, 2012) <sup>[17, 76, 21, 24, 71]</sup>.

#### **Test for Anthraquinones**

Bonträger's Test: 5 mL of chloroform was added to 0.5 g of the plant extract. The resulting mixture was shaken for

5 minutes after which it was filtered. The filtrate was then shaken with equal volume of 10% ammonia solution. The presence of a bright pink colour in the aqueous layer indicated the presence of Anthraquinones.

**Modified Bonträger's Test**: 0.5g of crude drug was boiled with 2ml of dilute sulphuric acid and 2ml of ferric chloride for 5 minutes and filtered. Equal volume of dichloromethane was added to partition the filtrate. 5ml of dilute ammonia was added to the organic phase and shaken for few seconds. The formation of rose pink to red colour indicated the presence of Anthraquinones.

#### **Test for Reducing Sugar (Fehlings Solution Test)**

To about 1 g of each plant extract in the test tube, 10 mL distilled water was added and the mixture boiled for 5 min. The mixture was filtered while hot and the cooled filtrate made alkaline to litmus paper with 20% sodium hydroxide solution. To 2 ml of the water extract was added 5 ml of a mixture of equal volume of Fehling's solution A and B and boiled on a water bath for 2 minutes. A brick-red colour solution indicates the presence of reducing sugar.

#### Test for saponin

2 g of plant extract was boiled in 20 mL of distilled water in a water bath and filtered. Next, 10 mL of the filtrate was mixed with 5 mL of distilled water and shaken vigorously and observed for a stable persistent froth. The frothing was mixed with 3 drops of olive oil and shaken vigorously again and then observed for the formation of emulsion as an indication of saponin

#### Test for tannins

**Ferric chloride test:** 0.5 g of plant extract was boiled in 20 mL of water in a test tube and filtered. Few drops of 0.1% ferric chloride was added and observed for a brownish green or blue black colouration as an indication of tannins.

**Bromine water test:** 10 ml of bromine water was added to the 0.5 g aqueous extract. Decolouration of bromine water showed the presence of tannins.

#### **Test for Terpenoids**

0.5g of plant extract was mixed with 2 ml chloroform and 3 ml H<sub>2</sub>SO<sub>4</sub> was carefully added to form a layer. A reddish brown colouration of the interface was an indication of terpenoids.

#### Tests for flavonoids

**Shinoida Test:** Pieces of magnesium ribbon and HCL concentrated were mixed with aqueous crude plant extract after few minutes and pink colour showed the presence of flavonoid.

Alkaline reagent test: 2 ml of 2.0% NaOH mixture was mixed with aqueous plant crude extract; concentrated yellow colour was produced, which became colourless when we added 2 drops of diluted acid to mixture. This result showed the presence of flavonoids.

#### **Tests for steroids**

Liebermann-Buchard's Test: Extract was treated with few drops of acetic anhydride, boiled and cooled. Conc. Sulphuric acid was added from the sides of the test tube. Formation of brown ring at the junction of the two layers and upper layer turning green indicates the presence of steroids.

#### Test for Cardiac glycosides Keller-Killani Test (For Deoxy Sugars)

5 ml of extract was mixed with 2 ml of glacial acetic acid containing one drop of 2% ferric chloride (FeCl<sub>3</sub>) solution, followed by the addition of 1 ml concentrated sulphuric acid. Formation of brown ring at the interface indicates the presence of deoxy sugar. A violet ring may appear beneath the brown ring, while in the acetic acid layer, a greenish ring may also form just gradually throughout the layer.

#### Kedde's Test: (For Lactone Rings)

Crude drug was extracted with chloroform and evaporated to dryness. One drop of 90% alcohol and 2 drops of 3,5-dinitobenzoic acid in 90% alcohol was added. The solution was made alkaline with 20% NaOH solution. Formation of purple colour indicates the presence of  $\beta$ -unsaturated lactone rings

**Test for Coumarins:** 0.5 g of the moistened various extracts was taken in a test tube. The mouth of the tube was covered with filter paper treated with 1 N NaOH solution. Test tube was placed for few minutes in boiling water and then the filter paper was removed and examined under the UV light for yellow fluorescence indicated the presence of Coumarins.

#### **Tests for Alkaloids**

A 20 ml of 5% sulphuric acid in 50% ethanol was added to about 2 g of the sample. This was heated on a boiling water bath for 10 minutes, cooled and filtered. The filtrate was transferred into four test tubes each containing 2 ml of the filtrate and used for the following tests.

- a) To the first test tube, few drops of Dragendorff's reagent (a solution of bismuth iodide in Potassium iodide) was added and homogenized. Formation of brick red precipitate indicated the presence of alkaloids.
- b) About two drops of Wagner's reagent (a solution of iodine in Potassium iodide) was added to the second test tube and swirled for few seconds. Brownish- red precipitate indicated the presence of alkaloids.
- c) About two drops of Mayer's reagent (a solution of Mercury iodide in Potassium iodide) was added to the third test tube and homogenized for few seconds. A creamy (dirty white) precipitate indicated the presence of alkaloids.

#### Test for Carbohydrate (Molisch Test)

A small quantity (0.1 g) of the extract was boiled with 2 ml of distilled water and filtered. To the filtrate, few drops of naphtol solution in ethanol (Molisch's reagent) were added. Concentrated

Sulphuric acid was then gently poured down the side of the test tube to form a lower layer. A purple interfacial ring indicates the presence of carbohydrate.

#### Test for cyan genetic Glycosides

2g of the crude drug was placed in a conical flask and moistened with few drops of water. A piece of picric acid paper was moistened with sodium carbonate solution (5% aqueous) and suspended by means of cork in the neck of the flask and warmed gently at about 37 °C. The change in colour is observed. Hydrogen cyanide is liberated from cyan genetic

glycoside by the enzyme activity and reacts with sodium picrate to form the reddish purple sodium isopicrate.

### Antioxidant activities

Nitric oxide scavenging activity assay: The compound sodium nitroprusside is known to decompose in aqueous solution at physiological pH (7.2) producing NO•. Under aerobic condition, NO• reacts with oxygen to produce stable products (nitrate and nitrite), which can be determined using Griess reagent. The absorbance of the chromophore that formed during diazotization of the nitrite with sulphanilamide and subsequent coupling with Naphthylethylenediamine dihydrochloride can be immediately read at 550 nm. A 4 ml sample of plant extract or standard solution of different concentrations (20, 40, 60, 80, 100µg/ml) were taken in different test tubes and 1 ml of Sodium nitroprusside (5mm in phosphate buffered saline) solution was added into the test tubes. They were incubated for 2 hours at 30 °C to complete the reaction. A 2 ml sample was withdrawn from the mixture and mixed with 1.2 ml of Griess reagent (1% Sulphanilamide, 0.1% naphthylethylene diamine dihydrochloride in 2% H<sub>3</sub>PO<sub>4</sub>). The absorbance of the chromophore formed during diazotization of nitrite with sulphanilamide and its subsequent coupling with napthylethylene diamine was measured at 550 nm. Ascorbic acid was used as standard. The percentage (%) inhibition activity was calculated from the following equation  $[(A_0 - A_1)/A_0] \ge 100.$ 

Where,  $A_0$  is the absorbance of the Control and  $A_1$  is the absorbance of the extract or standard

**DPPH radical scavenging activity assay:** The free radical scavenging activity of the extract, based on the scavenging of the stable 1,1-diphenyl-2-picrylhydrazyl (DPPH) free radical was estimated according to the procedure described by. An aliquot of 0.5 ml of extract in ethanol (95%) at different concentrations (20, 40, 60, 80, 100µg/ ml) was mixed with 2.0 ml of reagent solution (0.004 g of DPPH in 100 ml methanol). The control contained only DPPH solution in place of the sample while methanol was used as the blank. The mixture was vigorously shaken and left to stand at room temperature. After 30 minutes the decrease in absorbance of test mixture (due to quenching of DPPH free radicals) was read at 517nm. The scavenging effect was calculated using the expression: % inhibition =  $[A_0 - A_1] \times 100$ 

Where  $A_0$  is the absorption of the blank sample and  $A_1$  is the absorption of the extract.

#### **Reducing power assay**

Reducing power was determined by the method prescribed by Oyaizu *et al.* 8. The sample in 1ml of methanol at various concentrations was mixed with a phosphate buffer (5 ml, 0.2 M, pH 6.6) and potassium ferricyanide (5ml, 1%), and the mixture was incubated at 50 °C for 20 min. Next, 5ml of trichloroacetic acid (10%) were added to the reaction mixture, which was then centrifuged at 3000 RPM for 10 min. The upper layer of the solution (5ml) was mixed with distilled water (5ml) and ferric chloride (1ml, 1%), and the absorbance was measured at 700 nm. A stronger absorbance indicates increased reducing power.

#### Fractionation of the crude extract Vacuum liquid chromatography

The VLC column was dry packed with silica gel (Kiesegel 60G, Merck, Germany). Care was taken so that the packing was kept uniform and making an evenly flat surface. The crude extract to be worked on was first mixed with some silica gel and applied as dry powder onto the top of the well packed VLC. Elution was done using various proportions of a solvent gradient of increasing polarity, starting with 100 % *n*-hexane (1L) then EtOAc (1L) and finally MeOH (1L). The fractions collected were concentrated and the percentage yield of each fraction determined

# Gas Chromatography-Mass Spectrometric (GC-MS) Analysis

The crude, hexane, ethyl acetate and methanol fractions were further subjected to GC-MS analysis. The analysis was conducted with an Agilent Technologies 6890 GC coupled with an Agilent 5973 mass selective detector and driven by Agilent Chemstation software (Agilent Technologies, USA). A DB-5SIL MS capillary column was used (30 m x 0.25 mm I.D., x 0.25µm film thickness). The carrier gas was ultra-pure helium at a flow rate of 0.7 mL min-1 and a linear velocity of 37 cm s-1. The injector temperature was set at 250 °C. The initial oven temperature was 60 °C, which was programmed to 280 °C at the rate of 10 °C min-1 with a hold time of 3 min. Injections of 2µL were made in the split less mode with a manual split ratio of 20:1. The mass spectrometer was operated in the electron ionization mode at 70 eV and electron multiplier voltage at 1859 V. Other MS operating parameters were as follows: ion source temperature 230 °C, quadrupole temperature 150 °C, solvent delay 4 min and scan range 50-700amu. Compounds were identified by direct comparison of the retention times and mass fragmentation pattern with those from the National Institute of Standards and Technology (NIST) library.

#### Statistical analysis

Data analysis was done using Graph Pad Prism 7. One way analysis of variance (ANOVA) was used to compare means. One–way ANOVA was done followed by Dennett's multiple comparisons test of treated groups with control. The results were expressed as Mean  $\pm$  SEM. Level of significance was set at 95% or p < 0.05 and 99% or p < 0.01

#### Results

#### Preliminary phytochemical screening

Results of the preliminary phytochemical screening of the crude extract is as shown in the table below.

Table 1: Phytochemical Constituents of Bridelia ferruginea Benth

Phytochemical constituent	Amount present
Alkaloids	+
Flavonoids	++
Phenols	+
Tannins	++
Saponin Glycosides	++
Cyanogenetic glycosides	-
Cardiac Glycosides	++
Reducing sugars	+
Steroids	_
Terpenoids	++
Anthraquinones	-

++ Abundantly present, + slightly present, - absent

#### Ant-oxidant activity

The anti-oxidant activities of *Bridelia ferruginea* leaf extract and fractions are as shown the tables 4.5, 4.6 and 4.7 below. All fractions of the leaf extract displayed good anti-oxidant activity with the least being the crude extract.

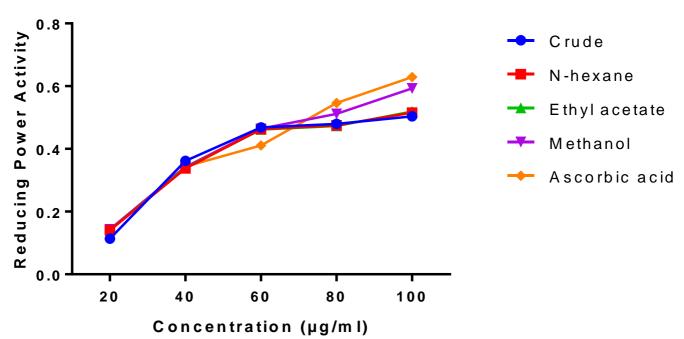


Fig I: Reducing Power Anti-oxidant Activity of Bridelia ferruginea

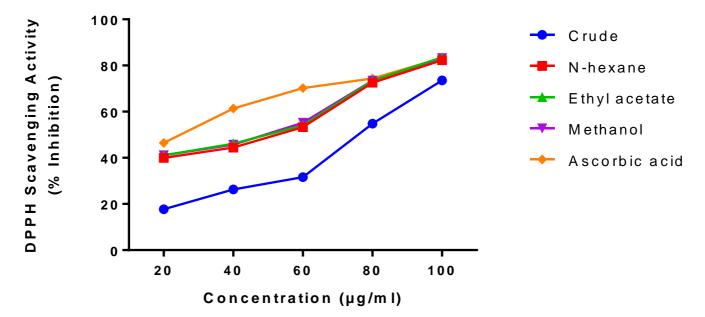


Fig II: DPPH Radical Scavenging Activity of Bridelia ferruginea

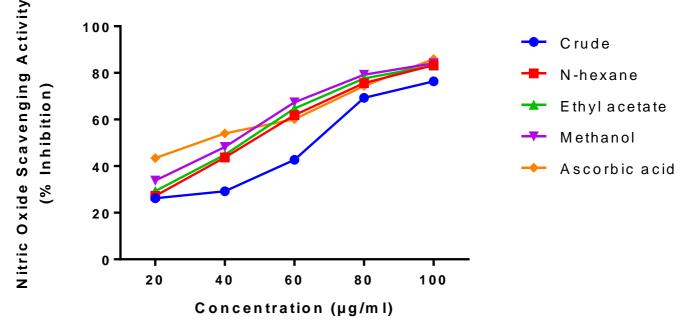


Fig III: Nitric oxide scavenging activity of Bridelia ferruginea

## GC/MS analysis of leaf extracts of Bridelia ferruginea

The GC/MS analysis of the leaf extracts Bridelia ferruginea revealed the presence of flavonoids, sesquiterpenes, tetraterpenes, modified triterpenoid compounds etc. Methanol fraction of *Bridelia ferruginea* revealed hexadecanoic acid ethyl ester (38.17%) as the most abundant fatty acid present. Other major fatty acids are Pentadecanoic acid (15.21%), E-15-Heptadecenal (25.72%) and E-9-Ocatadecanoic acid Ethyl Ester (3.97%). Other compounds identified are Divinylmethyl (acetoxymethyl) Silane (10.0%) and Indolizine, 2-(4methylphenyl) (6.93%). The chemical composition of the ethyl acetate fraction obtained from *Bridelia ferruginea* using GC-MS revealed that the major compounds are fatty acid esters (Table 4.15). Hexadecanoic acid methyl ester also known as methyl palmitate (22.96%) is the major fatty acid ester obtained in the ethyl acetate fraction. Other abundant fatty acid esters include ethyl Oleate (3.35%) Octadecanoic acid, methyl ester (5.35%) Linoleic Acid Ethyl Ester (3.57%). Other constituents are 1, 3-dimethylbenzene (3.40%), Pxylene (4.15%), Phytol (19.38%), Bis-(2-ethylhexyl) phthalate (3.49%), Alpha-Tocopherol (16.60%) and Squalene (22.11%). The hexane fraction of *Bridelia ferruginea* revealed the following compound; Chloromethoxy, ethane (1.27%), Neophytadiene (5.43%), 2-Pentadecanone, 6,10,14-trimethyl (5.93%), 1-Methoxy-3-(2-hydroxyethyl) Nonane (2.40%), 1,19-Eicosadiene (3.01%), Tetradecanoic acid, ethyl ester (5.78%), 3-Cyclopentylpropionic acid, ethyl Esther (0.21%).

Peak no	Retention Time	% Relative Abundance	Component	Molecular weight
1.	28.693	13.78	4,4,6a,6b,8a,11,12,14b-Octamethyl,12a,14,14a,14b-octadecahydro-2H-picen-3-one	
2.	29.494	15.07	2,2,6-Trimethyl-1-(2-methyl-cyclob ut-2-enyl)-hepta-4,6-dien-3-one	218
3.	30.375	8.81	Ergost-25-ene-3,5,6,12-tetrol, beta.,5.alpha.,6.beta.,12.beta.)-	450
4.	30.770	0.38	m-Camphorene	272
5.	31.148	1.47	9,19-Cyclolanost-24-en-3-ol,	440
6.	31.617	9.43	Friedelan-3-one	426
7.	32.944	2.57	1,4-Bis(Trimethylsilyl)benzene	194
8.	33.791	3.13	Silicic acid, diethyl Bis(trimethylsilyl) ester	290
9.	34.358	2.72	Benzo[h]Quinoline, 2,4-dimethyl-	207

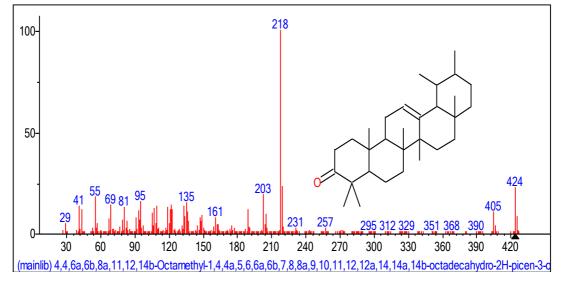


Fig V(AI): The most abundant chemical component of this fraction

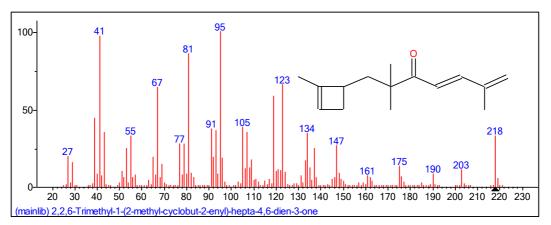
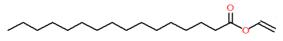


Fig V(AII): The second most abundant chemical component of this fraction

Table 3: Phytoconstituents Identified in	Methanol Fraction of Bri	<i>idelia ferruginea</i> using GC/MS
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Peak no	<b>Retention Time</b>	% Relative Abundance	Component	Molecular weight
1.	17.27	10.0	Divinylmethyl(acetoxymethyl)Silane	170
2.	19.64	15.21	Pentadecanoic acid	270
3.	20.71	38.17	Palmitic Acid Vinyl Ester	284
4.	22.77	25.72	E-15-Heptadecenal	252
5.	23.62	3.97	E-9-Ocatadecanoic acid Ethyl Ester	310
6.	31.14	6.93	Indolizine, 2-(4-methylphenyl)	207



Palmitic acid vinyl ester

Fig V(BI): The abundant chemical component of the fraction



E-15-heptadecenal

Fig V(BII): The abundant chemical component of the fraction

Table 4: Phytoconstituents	Identified in Ethy	l Acetate Fraction	of Bridelia ferru	<i>ginea</i> using GC/MS

Peak no	<b>Retention Time</b>	% Relative Abundance	Component	Molecular weight
1.	4.66	3.40	1,3-dimethylbenzene	106
2.	4.71	4.15	P-xylene	106
3.	20.75	16.39	Hexadecanoic Acid Ethyl Ester	284
4.	22.828	19.38	Phytol	296
5.	23.57	3.57	Linoleic Acid Ethyl Ester	308
6.	23.66	3.35	Ethyl Oleate	310
7.	24.05	5.35	Octadecanoic Acid Ethyl Ester	312
8.	28.69	3.49	Bis-(2-ethylhexyl) phthalate	390
9.	28.96	2.21	(2,3-Diphenylcyclopropyl)methyl phenyl sulphoxide	332
10.	31.17	22.11	Squalene	411
11.	33.67	16.60	Alpha-Tocopherol	430

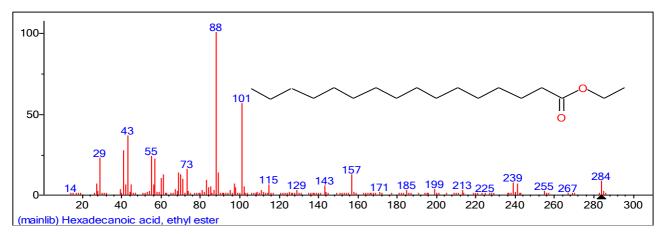


Fig V(CI): The most abundant chemical component of the fraction

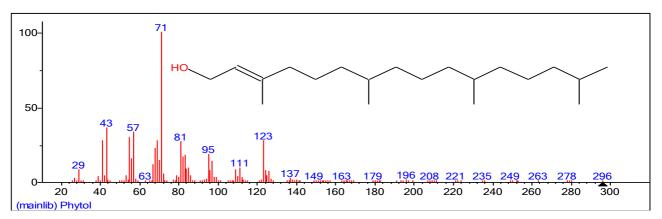


Fig V(CII): The second most abundant chemical component of the fraction

Table 5: Phytoconstituents Identified in n-hexane Fraction	n of <i>Bridelia ferruginea</i> using GC/MS
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Peak no	<b>Retention Time</b>	% Relative Abundance	Component	Molecular weight
1.	4.79	1.27	Chloromethoxy, ethane	93, 96
2.	15.50	5.43	Neophytadiene	278
3.	15.85	5.93	2-Pentadecanone, 6,10,14-trimethyl	268
4.	16.13	2.40	1-Methoxy-3-(2-hydroxyethyl)nonane	202
5.	16.59	3.01	1,19-Eicosadiene	278
6.	17.59	5.78	Tetradecanoic acid, ethyl ester	256
7.	18.23	10.53	Neophytadiene	278
8.	18.41	8.19	2-Pentadecanone, 6,10,14-trimethyl	268
9.	18.61	2.12	1,13-Tetradecadiene	194
10.	18.69	0.21	3-Cyclopentylpropionic acid, ethyl esther	170
11.	18.91	1.43	Hexadecanoic acid, ethyl ester	284

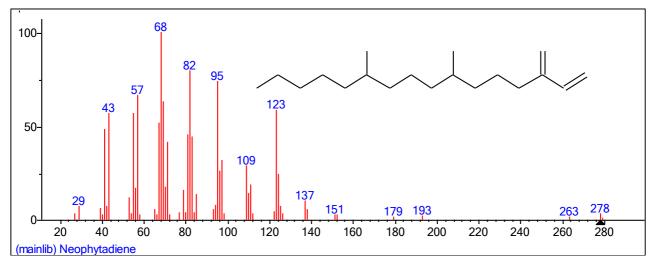


Fig V(DI): The most abundant chemical component of the fraction

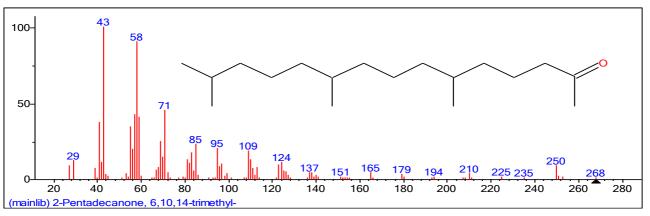


Fig V(DII): The second most abundant chemical component of the fraction

#### **Results and discussion**

Plant or herbal drugs have received greater attention as alternative to clinical therapy in recent times leading to subsequent increase in their demand (Sushruta et al., 2006) <sup>[77]</sup>. In rural communities, the exclusive use of herbal drugs, prepared and dispensed by herbalists without formal training, for the treatment of diseases is still very common. Experimental screening method is, therefore, required for the evaluation of the claimed therapeutic activity, and to ascertain the safety and efficacy of these herbal products as well as to establish their active constituents (Ogbonnia et al., 2008)<sup>[54]</sup>. Phytochemical screening was observed the presence of primary metabolites especially the reducing sugars which might have eventually metabolized to the end products which in the presence of different enzymes might have given rise to various secondary metabolites such as alkaloids, flavonoids, tannins, Saponins and terpenoids found in the plant. The plant, Bridelia ferruginea Benth, is currently being employed by the traditional herbalist healers locally to manage various disease states that are recalcitrant to orthodox drugs and the Polytherapeutic activities of the plant could be attributed to the presence of multiple secondary metabolites such as alkaloids, flavonoids, Saponins and terpenoids present in the plant. The flavonoids have been associated with antioxidant activities and is employed to manage various disease states with different oxidative stress aetiologies.

The various solvent fractions of the *Bridelia ferruginea* leaf extract demonstrated to exhibit better antioxidant activities compared to the crude extract of the plant. In the nitric oxide antioxidant evaluation ascorbic acid and methanol fractions respectively were shown to be more active than n-hexane and

ethyl acetate fractions as antioxidants. In the reducing power antioxidant assessment crude extract showed the least activity, n-hexane, methanol and ethyl acetate fractions respectively appeared to same level of activities while ascorbic acid demonstrated to have the greatest activities. The DPPH Free radical scavenging activity crude extract has the least activity while n-hexane, ethyl acetate, methanol and ascorbic acid fractions respectively showed similar activities.

GC/MS results show the following as the abundant chemical components of different fractions respectively. The GC/MS of various fractions revealed Palmitic acid vinyl ether, E-heptadecenal,4.4,6a,6b,8a,11,12,14b-octamethyl,12a14,14a,

14b-octadecahydro-2h-picen-3–one,:2,2,6-trimethyl-1-(2methylcyclobut-2-enyl)-hepta-4,6dien-3-one; Hexadecanoic acid ethyl ether; Phytol; Neophytadiene and 2-Pentadecanone,6,10,14 trim ethyl as the most abundant constituents.

#### Conclusion

The study has undoubtedly observed that *Bridelia ferruginea* exhibited potential antidiabetic activity in alloxan-induced diabetic rats, giving credence to the traditional claims. Also in vitro studies demonstrated that *Bridelia ferruginea extracts* inhibited enzymes involved in carbohydrate metabolism and also had promising antioxidant activities which aids its antidiabetic activities.

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