



E-ISSN: 2278-4136
 P-ISSN: 2349-8234
www.phytojournal.com
 JPP 2022; 11(4): 24-26
 Received: 13-04-2022
 Accepted: 19-05-2022

Troy B Puga
 Kansas City University College
 of Osteopathic Medicine, Kansas
 City, USA

Joshua Schafer
 University of Kansas School of
 Medicine, Kansas City, USA

Caitlin Q Schiefelbein
 Hutchinson Community College,
 Newton, Kansas, USA

Nasir Islam
 Hutchinson Community College,
 Newton, Kansas, USA

Prince N Agbedanu
 Friends University, Department
 of Health Sciences, Wichita,
 Kansas, USA

Novel *Coleus* antimicrobial activity against *S. agalactiae* and *S. pyogenes*

Troy B Puga, Joshua Schafer, Caitlin Q Schiefelbein, Nasir Islam and Prince N Agbedanu

DOI: <https://doi.org/10.22271/phyto.2022.v11.i4a.14440>

Abstract

This paper highlights the novel antibacterial properties of *Coleus scutellarioides* against certain species of the domain bacteria, of which no *Coleus* antimicrobial activity was previously demonstrated. *Coleus* has demonstrated antimicrobial properties against many species of bacteria and fungi. However, the search for novel antimicrobial compounds is vital in this age of growing microbial resistance. Samples of *Coleus* extraction were carried out with 95% ethanol and the filtrate was impregnated into sterile discs. The extraction solvent (95% ethanol) alone was also impregnated into sterile disc as vehicle control. Discs of *Coleus* extracts or control were placed on bacterial and fungi plates and the zones of inhibition were measured. *Coleus* leaves displayed novel antimicrobial activity against *S. agalactiae* and *S. pyogenes*. *Coleus* stems displayed antimicrobial activity against *S. pyogenes*. This research demonstrated novel *Coleus* activity against *S. pyogenes* and *S. agalactiae*, which had not been previously demonstrated.

Keywords: Drug resistance, antimicrobial, gram-negative, gram-positive, bacteria

Introduction

Since the development of antibiotics, bacteria have steadily evolved to evade the effects of various antibiotics. Bacteria have used a wide variety of mechanisms to gain antibiotic resistance [1, 2]. The resistance of these evolving bacteria to antimicrobial agents is quickly becoming a major global health crisis [2, 3]. Antimicrobial resistance is resulting in higher levels of mortality and large financial and physical strain on our healthcare systems [2-4]. Multidrug resistant bacteria that are resistant to all antibiotics will quickly become a reality unless there is further development of antimicrobials [5, 6]. The search for novel antimicrobial compounds is necessary to prevent large outbreaks and significant strain on our healthcare systems. Plants remain a central source for novel antimicrobial agents [7, 8]. There have been tremendous successes in their use in the treatment of illnesses across the globe [9, 10]. The antimicrobial activity of many plants has yet to be fully explored. A potential plant with promise for development as an antimicrobial is *Coleus scutellarioides*. *Coleus scutellarioides* is a plant that is native to the tropics of Asia [11]. *Coleus* is well known for its foliage and wide variety of colors that it produces [11]. *Coleus* typically grows during the summer months and can reach up to three feet in height [12]. *Coleus spp.* has been shown to have antibacterial activity against *S. epidermidis*, *S. aureus*, *K. pneumoniae*, *B. subtilis*, *E. coli*, *S. pneumoniae*, and *P. aeruginosa* [13, 14]. *Coleus* has also shown antifungal properties against *C. albicans* [13]. *Coleus* leaves and stems have not yet been demonstrated to have antibacterial activity against *S. pyogenes* or *S. agalactiae* [15]. The gram-positive coccus, *Streptococcus agalactiae* (Group B) is pathogenic to the elderly, expectant mothers and neonates [16]. *S. agalactiae* has shown resistance to commonly used antibiotics for treatment [16, 17]. *S. agalactiae* is known to cause still birth and diseases in neonates [18]. Moreover, *S. agalactiae* is slowly becoming an infectious agent to healthy adults [19]. A second pathogenic gram-positive bacteria of concern is *Streptococcus pyogenes* (Group A). *S. pyogenes* is a common cause of skin infections, pharyngitis and necrotizing fasciitis [20, 21]. *S. pyogenes* can cause severe secondary complications including post-streptococcal glomerulonephritis and rheumatic fever [20, 21]. *S. pyogenes* has demonstrated resistance to several antibiotics [22, 23]. In this experiment, we hypothesize that *Coleus* demonstrates novel antibacterial activity against *S. agalactiae* and *S. pyogenes*.

Methods

Sample preparation

3 grams of *Coleus scutellarioides* were extracted with 95% ethanol (Puga *et al.*, 2022) and the filtrate impregnated into sterile discs as described previously (Puga *et al.*, 2022).

Corresponding Author:
Prince N Agbedanu
 Friends University, Department
 of Health Sciences, Wichita,
 Kansas, USA

The vehicle (95% ethanol) was also impregnated into blank discs to serve as controls for any effect from the solvent. Overnight culture of glycerol stocks of bacteria was diluted in 1 to 9 ratios using 1% saline solution and a 100 ul volumes of the resulting dilution were plated on Muller Hinton Agar plates as described earlier (Puga *et al.*, 2022). Extract-infused or vehicle-infused discs were incubated on bacterial-plated plates overnight at 37 °C. Zones of inhibition were measured after 24 hours of incubation.

Results

Coleus leaves showed antimicrobial activity against both *S. pyogenes* (10 mm mean zone of inhibition) and *S. agalactiae* (8 mm mean zone of inhibition) and. *Coleus* stems showed antimicrobial activity against *S. pyogenes* (7 mm mean zone of inhibition). *Coleus* stems were unable to demonstrate activity against *S. agalactiae* (0 mm mean zone of inhibition).

Table 1: *Coleus* leaves induces zone of inhibition (in mm) in the presence of *S. agalactiae*, and *S. pyogenes*. *Coleus* stems induces zone of inhibition in the presence of *S. pyogenes* but not *S. agalactiae*. The control disc infused with only the extraction solvent did not induce inhibition zone.

	<i>S. agalactiae</i> (Inhibition zone in mm)	<i>S. pyogenes</i> (Inhibition zone in mm)
Blank Disk	0	0
<i>Coleus</i> leaves	8	10
<i>Coleus</i> stems	0	7

Discussion

In this experiment, *Coleus* leaves demonstrated antibacterial activity against *S. pyogenes* and *S. agalactiae*. *Coleus* stems did not demonstrate antibacterial activity against *S. agalactiae*. The antibacterial activity of *Coleus* against *S. agalactiae* and *S. pyogenes* has not been demonstrated in previous research [15]. Both *S. agalactiae* and *S. pyogenes* are bacteria of public health concern because they are able to cause severe clinical infections and complications [16-23]. In addition, they have demonstrated a degree of antibiotic resistance to commonly used antibiotics, making them a pathogen of concern [16, 17, 22, 23]. While these bacteria only have some resistance, the need for the development of novel antimicrobials is vital before these pathogens begin to display multi-drug resistance. The need for novel antimicrobials is vital to slow the global health emergency of antibiotic resistance [2-6]. Previous research of *Coleus* has shown antibacterial activity against gram-positive and gram-negative bacteria [13, 14]. The demonstration of an additional novel activity of *Coleus* against *S. agalactiae* and *S. pyogenes*, provides further support for the development of *Coleus* as an antimicrobial of the future.

Limitations of the Study

The study was unable to test antimicrobial resistant strains of *S. agalactiae* and *S. pyogenes* due to facility biohazard concerns. Further research should be conducted within the confines of a secure biohazard facility to further test *Coleus* against antimicrobial resistant strains of *S. agalactiae* and *S. pyogenes*.

Conflicts of Interest

The authors declare no conflicts of interest.

Author Contribution

Conceptualization- PNA; Data curation-TP; Investigation- CQS, NI and PNA; Methodology- PNA; Original draft- TP and JS; Visualization- JS; Review & editing- JS and PNA.

Acknowledgments

We are grateful to the Vice President of Academic Affairs and to the Chair of the division of Science, Technology, Engineering and Mathematics, Dr. Nora Strasser, of Friends University, for their support of both undergraduate and graduate research.

Statement of ethics approval

No ethics approval is required for this research.

Funding

This work did not use external funding or grants.

References

- Kapoor G, Saigal S, Elongavan A. Action and resistance mechanisms of antibiotics: A guide for clinicians. *J Anaesthesiol Clin Pharmacol.* 2017;33(3):300-305. doi:10.4103/joacp.JOACP_349_15
- Blair JM, Webber MA, Baylay AJ, Ogbolu DO, Piddock LJ. Molecular mechanisms of antibiotic resistance. *Nat Rev Microbiol.* 2015;13(1):42-51. doi:10.1038/nrmicro3380
- Toner E, Adalja A, Gronvall GK, Cicero A, Inglesby TV. Antimicrobial resistance is a global health emergency. *Health Secur.* 2015;13(3):153-155. doi:10.1089/hs.2014.0088
- Friedman ND, Temkin E, Carmeli Y. The negative impact of antibiotic resistance. *Clin Microbiol Infect.* 2016;22(5):416-422. doi:10.1016/j.cmi.2015.12.002
- Mulvey MR, Simor AE. Antimicrobial resistance in hospitals: how concerned should we be?. *CMAJ.* 2009;180(4):408-415. doi:10.1503/cmaj.080239
- Freire-Moran L, Aronsson B, Manz C, *et al.* Critical shortage of new antibiotics in development against multidrug-resistant bacteria-Time to react is now. *Drug Resist Updat.* 2011;14(2):118-124. doi:10.1016/j.drug.2011.02.003
- Abreu AC, McBain AJ, Simões M. Plants as sources of new antimicrobials and resistance-modifying agents. *Nat Prod Rep.* 2012;29(9):1007-1021. doi:10.1039/c2np20035j
- Cheesman MJ, Ilanko A, Blonk B, Cock IE. Developing New Antimicrobial Therapies: Are Synergistic Combinations of Plant Extracts/Compounds with Conventional Antibiotics the Solution?. *Pharmacogn Rev.* 2017;11(22):57-72. doi:10.4103/phrev.phrev_21_17
- Petrovska BB. Historical review of medicinal plants' usage. *Pharmacogn Rev.* 2012;6(11):1-5. doi:10.4103/0973-7847.95849
- Šantić Ž, Pravdić N, Bevanda M, Galić K. The historical use of medicinal plants in traditional and scientific medicine. *Psychiatr Danub.* 2017;29 Suppl 4(Suppl 4):787-792.
- Dalman, N. *Coleus*. University of Minnesota Extension. <https://extension.umn.edu/flowers/coleus> [accessed Dec 16, 2021].
- Russ K, Polomski R, Turner S. *Coleus*. Clemson Cooperative Extension. <https://hgic.clemson.edu/factsheet/coleus/> [accessed Jun 07, 2021].
- Muzaffar Ali Khan, Khattak M, Taher M, Abdulrahman S, Abu Bakar I, Damanik R, *et al.* Anti-bacterial and anti-fungal activity of coleus leaves consumed as breast-milk stimulant. *Nutr. Food Sci.* 2013;43(6):582-590. <https://doi.org/10.1108/NFS-11-2011-0131>

14. Pakadang S. Potential of Miana Leaves (*Coleus scutellarioides* (L.) Benth) As an Antibacterial Streptococcus pneumonia, Staphylococcus aureus, Staphylococcus epidermidis, Klebsiella pneumonia from Sputum Cough Patients in Makassar City. ICHPK. 2018;122-131.
15. Deshwal VK, Mohd M, Siddiqui M. Screening And Evaluation of Anti-Microbial Activity in Coleus Forskohlii and Stevia Rebaudiana, J. plant dev. sci. 2020;3(1&2):95-101.
16. Raabe VN, Shane AL. Group B *Streptococcus* (*Streptococcus agalactiae*). Microbiol Spectr. 2019;7(2):10. 1128/microbiolspec.GPP3-0007-2018. doi:10.1128/microbiolspec.GPP3-0007-2018
17. Bolukaoto JY, Monyama CM, Chukwu MO, *et al.* Antibiotic resistance of Streptococcus agalactiae isolated from pregnant women in Garankuwa, South Africa. BMC Res Notes. 2015;8:364. Published 2015 Aug 20. doi:10.1186/s13104-015-1328-0
18. Cools P, Melin P. Group B Streptococcus and perinatal mortality. Res Microbiol. 2017;168(9-10):793-801. doi:10.1016/j.resmic.2017.04.002
19. Falagas ME, Rosmarakis ES, Avramopoulos I, Vakalis N. Streptococcus agalactiae infections in non-pregnant adults: single center experience of a growing clinical problem. Med Sci Monit. 2006;12(11):CR447-CR451.
20. Kanwal S, Vaitla P. Streptococcus Pyogenes. In: *StatPearls*. Treasure Island (FL): StatPearls Publishing; February 24, 2022.
21. Walker MJ, Barnett TC, McArthur JD, *et al.* Disease manifestations and pathogenic mechanisms of Group A Streptococcus. Clin Microbiol Rev. 2014;27(2):264-301. doi:10.1128/CMR.00101-13
22. Abraham T, Sistla S. Trends in antimicrobial resistance patterns of Group A streptococci, molecular basis and implications. Indian J Med Microbiol. 2018;36(2):186-191. doi:10.4103/ijmm.IJMM_18_107
23. Michos AG, Bakoula CG, Braoudaki M, *et al.* Macrolide resistance in Streptococcus pyogenes: prevalence, resistance determinants, and emm types. Diagn Microbiol Infect Dis. 2009;64(3):295-299. doi:10.1016/j.diagmicrobio.2009.03.004
24. Troy Puga, Josh Schafer, Alexander Buffalo, Prince N. Agbedanu, Broad Spectrum Antimicrobial Potential of *Crassula ovata*, bioRxiv 2022.01.20.477177. Doi: <https://doi.org/10.1101/2022.01.20.477177>