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Ethnobotanical survey of the adverse and toxic effects of medicinal plants used in Guinean traditional medicine

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Abstract

This study aimed to identify undesirable and toxic effects of plants used in Guinean traditional medicine.

Materials and Methods: We surveyed 131 traditional practitioners in 2 prefectures of Guinea about their knowledge and experience with adverse or toxic events associated with the medicinal or non-medicinal use of plants, collecting samples of these plants for botanical analysis.

Results: Ethnobotanically, 54 species from 33 botanical families were identified. The main species identified as having adverse or toxic effects were *Erythrophleum suaveolens*, *Dichapetalum toxicarium*, *Mucuna pruriens*, *Datura metel*, *Anthostema senegalense*, *Gardenia erubescens*, *Detarium senegalense* and *Strophanthus hispidus*.

Conclusion: This work provides a basis for identifying and establishing a database on the toxicity of plants used for medicinal and non-medicinal purposes in Guinea.

Keywords: ethnobotany, Guinea, phytovigilance, toxic effects, traditional healers

Introduction

Medicinal plants occupy an important place in disease management in developing countries, such as the Republic of Guinea whose geographical and climatic characteristics provide a rich and varied flora^[1]. Ethnobotanical surveys across Guinea have shown the wide use of plants to manage diseases, such as malaria, diabetes and hypertension^[2-4].

Popular beliefs that plants are a natural means of treatment with few side effects and other socio-cultural reasons underlie their medicinal use^[5, 6]. But medicinal plants are pharmacologically active and can thus be responsible for dangerous, even fatal, side effects^[7, 8]. Their use therefore requires continuous vigilance. Patients in Guinea rarely report undesirable effects, however, so they are poorly documented and under-researched. Indeed, Guinea has no poison control center or phytovigilance strategy, which may explain the lack of research. But with their ancestral knowledge of ethno-medical uses of plants and, sometimes, precautions for such use as well, traditional medicine practitioners are an essential link in the recognition of adverse and toxic effects.

Study aim

We initiated this survey of traditional therapists in order to develop a list of medicinal plants' undesirable and toxic effects as a step toward setting up a database for phytovigilance in Guinea.

Materials and methods**Study area and population**

The Republic of Guinea in West Africa is divided into four natural regions: Lower Guinea, Middle Guinea, Upper Guinea, and Forest Guinea. We conducted the survey in Lower Guinea in the prefectures of Fria and Coyah. Our sampling frame in Fria encompassed the sub-prefectures of Tormelin and Baguinet, along with Fria Centre. In Coyah the survey took place in Coyah Centre and the sub-prefecture of Wankifong (Figure 1). We recruited traditional healers and herbalists who used plants to treat illness. They included both men and women who were 18 years and older.

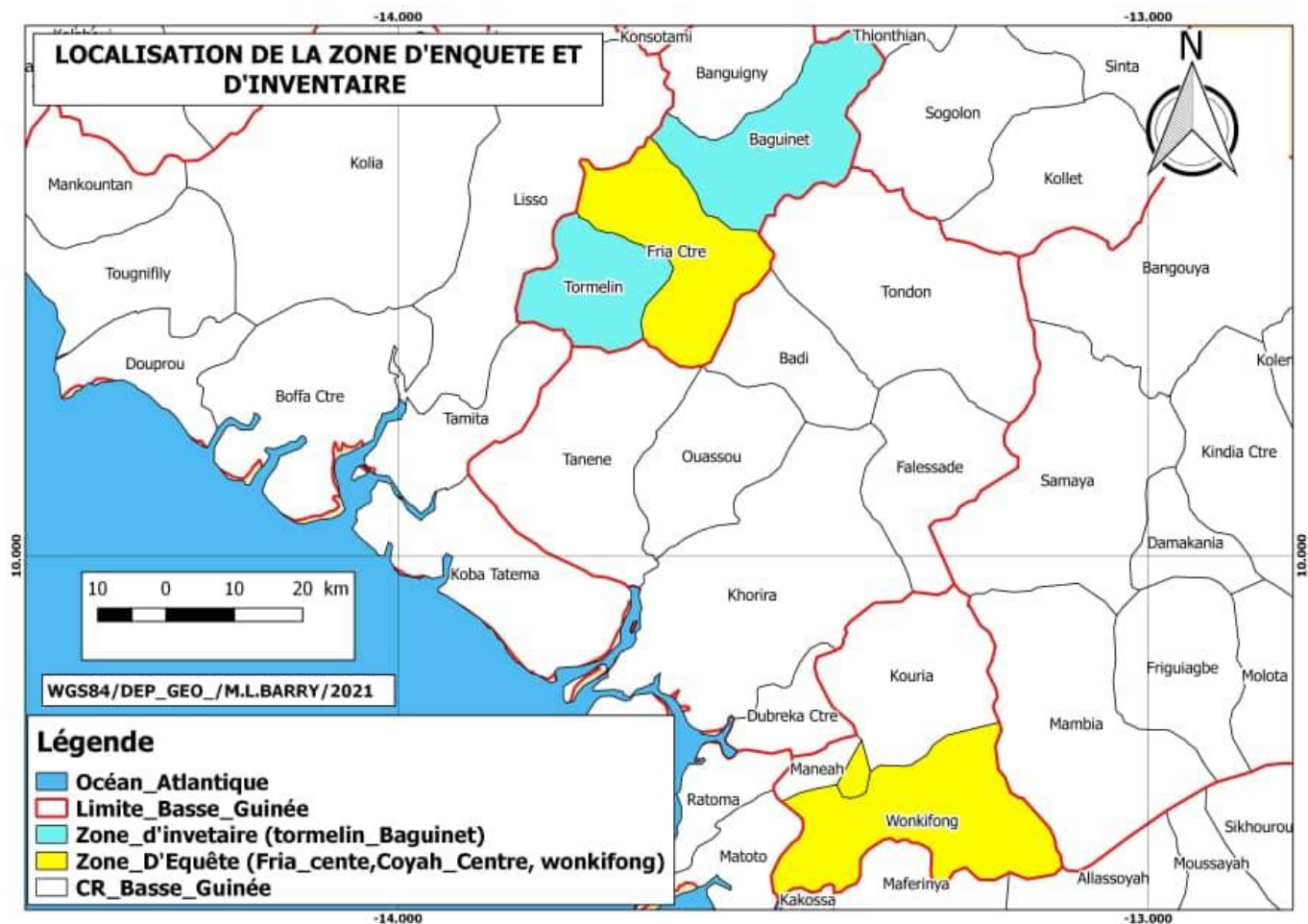


Fig 1: Map of the study area

Data collection and analysis

We interviewed the healers and herbalists individually using a questionnaire that focused on three main areas of their practice: 1) general information about the individual, such as age, mode of acquiring traditional knowledge, number of years of experience; 2) the local names of the plants they used, the parts used and the method of use; and 3) information about the disease treated by a particular plant and manifestations of toxic effects. The herbalists provided samples of the plants they identified and we accompanied healers to collect other samples. Botanists at the National Herbarium of Guinea and the “Institut de Recherche et Développement des Plantes Médicinales et Alimentaires de Guinée (IRDPMAG)” then identified the species of these samples and we carried out a complete bibliographic review of the collected plants via scientific databases of international peer-reviewed journals (Scifinder, PubMed, Web of Science). Our search terms were individual species names as well as the combination of species names with “toxicological activity” or “toxicity” or “pharmacological activity” or “chemical composition.”

Taxonomy and denominations were validated using the database of world flora accessed via <http://www.worldfloraonline.org/>.

We estimated the percentage of respondents with knowledge (PRK) regarding the toxic effect of plant species using the formula: number of people interviewed citing toxic effect of plant (FC)/total number of interviewed people (N) ×100. To calculate the relative frequency of citation (RFC), we used the standard method of Vitalini *et al.* [9] (RFC=FC/N).

Ethical considerations

Approval of the internal Ethics Committee of IRDPMAG-Dubréka was obtained before starting the study.

The data were collected with the free and informed consent of the traditional healers and herbalists who voluntarily agreed to participate in the study.

Results and discussion

This is the first investigation of Guinean traditional healers' perceptions of risks associated with the use of medicinal plants.

Table 1: Socio-demographic characteristics of the traditional healers and herbalists

| Variable | Number | Percentage |
|---|--------|------------|
| Location | | |
| Fria | 107 | 81.7 |
| Coyah | 24 | 18.3 |
| Status | | |
| Healers | 116 | 88.5 |
| Herbalists | 15 | 11.5 |
| Gender | | |
| Male | 54 | 41.2 |
| Female | 77 | 58.8 |
| Age range (years) | | |
| 24 è33 | 16 | 12.7 |
| 34 – 43 | 32 | 24.4 |
| 44 -53 | 41 | 31.3 |
| 54-63 | 24 | 18.3 |
| ≥64 | 18 | 13.7 |
| Education level | | |
| None | 123 | 93.9 |
| Primary | 2 | 1.5 |
| Secondary | 4 | 3.1 |
| Higher | 2 | 1.5 |
| Mode of acquisition of knowledge | | |
| Family heritage | 117 | 89.3 |
| Apprenticeship | 8 | 6.1 |
| revelation | 6 | 4.6 |

We surveyed 131 traditional healers (107 in the Fria prefecture and 24 in Coyah prefecture (Table 1). Over half (58.8%) the sample were women, which indicates women's leading role in traditional disease management in Lower Guinea. This contrasts with previous findings² in other regions of Guinea where the role was primarily male (54.65%).

The majority (55%) of the participants were between the ages of 34 and 54 years, a trend that may reflect attachment to ancestral culture for some and/or for others, the search for immediate income.

Almost all (93.9%) the interviewees had no formal education, although a few were university graduates (1.5%). Most (89.3%) had acquired their knowledge through family heritage, reflecting the African tradition of transmitting knowledge orally from generation to generation, which is much simpler and easier to carry out within the family circle. Lack of schooling among traditional healers has similarly been found in Ivory Coast^[10] in Togo^[11] and in Mali^[12].

This low education level could limit traditional healers' documenting their observations of adverse events.

Healers' knowledge and experience

Healers' notions of plant toxicity came from teachers or through professional experience. Their definition for toxicity in the Soussou language is "sé na khan mikhi törö ma," which literally translates as "that which tires" or "that which causes harm." They attributed the causes of intoxication to

inappropriate dosage or mode of administration (46%; n = 60), or non-compliance with precautions (53.43%; n = 70) or by lack of experience and knowledge of plants (20.61%; n = 27). The traditional healers' approach to preventing toxicities was by controlling the mode of administration. For example, plants that are orally toxic are used as baths, fumigations or brushes, while those with local toxic effects are prepared by decoction and then administered orally.

One-fourth of the traditional healers (24.42%; n = 32) reported giving antidote treatments if patients came back to them and reported adverse effects; only 42% (n = 55) indicated they referred serious cases of intoxication to a hospital facility for management.

Ethnobotanical findings

Fifty-four (54) species were ethnobotanically identified, belonging to 33 botanical families (see Table 2). The botanical families most represented were Fabaceae (8 species), Rubiaceae (6 species), Poaceae and Moraceae, each represented by 3 species.

The main species identified as having adverse or toxic effects were: *Erythrophleum suaveolens* (FC= 36, PRK= 27.50%), *Dichapetalum Toxicarium* (FC= 26, PRK= 20%), *Mucuna pruriens* (FC= 11, PRK= 8.40%), *Datura metel* (FC= 9, PRK= 7.00%), *Anthostema senegalense* (FC= 8, PRK= 6.11%), *Gardenia erubescens* (FC= 8, PRK= 6.11%), *Detarium senegalense* (FC= 6, PRK= 4.60%) and *Strophanthus hispidus* DC (FC= 5, PRK= 4.00%).

Table 2: Plants with undesirable and toxic effects reported by traditional therapists in Lower Guinea

| Botanical Family (Number of Species) | Botanical Name | Herbarium Number | Local Name | Toxic Parts | Adverse or Toxic Manifestations | Parts used in Traditional Medicine | Preparation | Mode of Use | Indication | FC | PRK | Toxicological Review |
|---|---|---------------------|--|---------------------------------|---|--|--------------------------|-------------------------------------|---|----|-------|-------------------------|
| Anacardiaceae (1) | <i>Anacardium occidentale</i> L. | D3HK9 | Koussou (s) Yalagué (p) Somon (M) | Sap | Irritation, Ulceration | Bark, leaves | Maceration, decoction | Oral | Hypertension, Diabetes | 1 | 0.76 | [31] |
| Apocynaceae (1) | <i>Holarrhena floribunda</i> G.Don) T.Durand&Schinz. | D7HK10 | Kamouyètè (s) Indamma (p) Kesagba (M) | Leaves | Diarrhea | Leaves | Decoction | Oral | Malaria | 1 | 0.76 | [35] |
| Bignoniaceae (1) | <i>Markhamia tomentosa</i> (Benth.) K. Schum. | D18HK7 | Billikérégni (s) Kafawadhou(p) | Leaves | Diarrhea | Leaves | Crushed | Decoction Maceration | Malaria, Sexual impotence | 3 | 2.30 | [32] |
| Celastraceae (1) | <i>Salacia</i> sp. | D32HK15 | Forontongni (s) | Leaves | Delirium | Leaves | Maceration | Bath | Pain | 5 | 4.00 | |
| Chrysobalanaceae (1) | <i>Neocarya macrophylla</i> (Sabine). Prance. | D33HK9 | Bansouma (s) | Leaves | Digestive Hemorrhage | Not used | Not used | Not used | Not used | 1 | 0.76 | |
| Combretaceae (3) | <i>Combretum nigricans</i> (Engl. & Diels) | D36HK8 | Foubécine (s) Sembabali (M) Dhoki(P) | Leaves | Abdominal pain | Leaves | Decoction | Oral | Jaundice, Malaria | 1 | 0.76 | |
| | <i>Terminalia ivorensis</i> B. Chev. | D36HK12 | Woly(s) Bori(p) Walissa (M) | Leaves | Diarrhea | Leaves | Decoction | Oral | Jaundice, Malaria | 2 | 1.53 | |
| | <i>Terminalia albida</i> Sc. Elliot. | D36HK5 | Ouolo ninbhé(M); Bori billel (p); Koberafighè (s) | Roots | Abdominal pain | Roots | Decoction | Oral | Malaria | 1 | 0.76 | [36] |
| Commelinaceae (1) | <i>Palisota hirsuta</i> (Thunb.) K. Schum. | D147HK1 | Siikhimbi (s) | Leaves | Diarrhea | Leaves, stem | Crushed | Brushing, Bath | skin condition | 2 | 1.53 | |
| Compositae (1) | <i>Vernonia nigritiana</i> Oliv. &Hiern. | D177HK1 | Khonikhonigni (s) | Leaves, Bark | Diarrhea | Not used | Not used | Not used | Not used | 5 | 4.00 | |
| Connaraceae (1) | <i>Manotes expansa</i> Sol ex. Planch. | D37HK3 | Sakiri (s) | Leaves | Diarrhea | Leaves | Decoction | Bath | Skin conditions | 1 | 0.76 | |
| Cucurbitaceae (1) | <i>Raphidiocystis</i> sp | D40HK2 | Gnamouléngni(s) | Whole plant | Itching, Vomiting | Leaves | Decoction, Powder | Bath, Brushing | Skin conditions | 2 | 1.53 | |
| Dichapetalaceae (1) | <i>Dichapetalum Toxicarium</i> (G.Don) Baill. | D42HK1 | Maimai (s) | Leaves, Bark, Whole plant | Diarrhea, Vomiting, Delirium, Death | Not used | Not used | Not used | Not used | 26 | 20.00 | |
| Dilleniaceae (1) | <i>Tetracera potatoria</i> Afzel. ex G.Don. | D42HK4 | Ninntai(s) | Roots | Abdominal pain | Roots | Decoction | Oral | Respiratory problems | 1 | 0.76 | |
| Euphorbiaceae (2) | <i>Bridelia micrantha</i> (Hochst.) Baill. | D50HK7 | Tolingni(s) Daafi (p) Daafinsagba (p) | Roots, Leaves | Diarrhea | Roots, Leaves | Decoction, Crushed | Oral, Brushing | Internal hemorrhoid, Inflammation, Constipation | 3 | 2.30 | |
| | <i>Anthostema senegalense</i> A. Juss. | D50HK3 | Wannigni(s) | Sap | Blindness | Bark | Decoction, Maceration | Oral | Constipation, Skin conditions | 8 | 6.11 | |
| Ebenaceae (1) | <i>Diospyros heudelotii</i> Hiern. | D46HK1 | Moulai Fou (s) | Leaves | Irritation | Leaves | Decoction | Fumigation, Local application | Inflammation | 1 | 0.76 | |
| Gentianaceae (2) | <i>Anthocleista procera</i> Lepr. | D54HK3 | Dissaa (s) | Leaves | Vomiting | Not used | Not used | Not used | Not used | 1 | 0.76 | |
| | <i>Strophanthus hispidus</i> DC. | D54HK4 | Kindé | Leaves | Dizziness, death | Root | Decoction | Drink | Deworming | 5 | 4.00 | [37] |
| Ixonanthaceae (1) | <i>Phyllocosmus africanus</i> (Hook.f.) Klotzsch. | D54HK1 | Marantangni(s) | Leaves | Diarrhea, delirium | Not used | Not used | Not used | Not used | 1 | 0.76 | |
| Lauraceae (1) | <i>Cassytha filiformis</i> L. | D67HK4 | Donmai sa yèlè(s) | Whole plant | Diarrhea | Whole plant | Decoction | Bath | Dermatoses | 2 | 1.53 | |
| Lecythidaceae (1) | <i>Napoleonaea leonensis</i> Hutch. & Dalziel | D68HK2 | Khoumbaböya (s) | Leaves | Irritation | Leaves | Decoction | Bath | Dermatoses | 4 | 3.05 | |

| | | | | | | | | | | | | |
|--------------------|--|----------|---|---------------|--|--------------------|--------------------------------|------------------|---|----|-------|------|
| Fabaceae (8) | <i>Lonchocarpus Cyanescens</i> (Schumach. &Thonn) Benth. | D51HK13 | Guarai(s) | Roots | Death, abortion | Leaves | Not used | Not used | Not used | 1 | 0.76 | |
| | <i>Mucuna pruriens</i> (L.) DC. | D51HK14 | Bagui(s) | Whole plant | Itching, irritation | Seed | Maceration, Decoction | Oral | Snake bites | 11 | 8.40 | |
| | <i>Parkia bicolor</i> A. Chev. | D51HK15 | Koulé néri (s) | Leaves | Diarrhea | Bark | Powder | Brushing | Wound | 1 | 0.76 | |
| | <i>Albizia adianthifolia</i> (Schumach.) W.Wight. | D51HK16 | Wassa(s) | Leaves | Diarrhea | Leaves | Maceration | Bath | Protection against evil spells | 1 | 0.76 | |
| | <i>Dialium pobeguinii</i> Pellegr. | D51HK17 | Mokai tamba(s) | Leaves | Abdominal pain | Leaves | Maceration | Bath | Convulsion | 1 | 0.76 | |
| | <i>Detarium senegalense</i> J.F.Gmel. | D51HK18 | Bôtô (var toxique) (s) Selon le tradipraticien | Whole plant | Abdominal pain, death | Fruit | Calcination | Massage | Cracked heel | 6 | 4.60 | |
| | <i>Erythrophleum suaveolens.</i> (Guill. &Perr.) Brenan | D51HK19 | Meli (s) | Whole plant | Diarrhea, delirium, vomiting, dizziness, digestive hemorrhage, death, abortion | Bark, leaves, root | Decoction | Bath, Brushing | Foot ache, Skin conditions | 36 | 27.50 | [15] |
| | <i>Eriosema glomeratum</i> (Guill. &Perr.) Hook.f. | D51HK20 | Ségueri ningni (s) | Leaves | Diarrhea | Leaves | Crushed | Brushing | Inflammation | 4 | 3.05 | |
| Loganiaceae (1) | <i>Strychnos spinosa</i> Lam. | D73HK2 | Gningaira kolingni (s) | Leaves | Death | Leaves | Powder | Inhalation | Sinusitis | 2 | 1.53 | [38] |
| Malvaceae (1) | <i>Hibiscus sterculiifolius</i> (Guill. &Perr.) Steud. | D77HK3 | Loutii (s) | Whole plant | Death | Not used | Not used | Not used | Not used | 1 | 0.76 | |
| Meliaceae(1) | <i>Carapa procera</i> DC. | D80HK4 | Goby (s) | Leaves | Death | Root, bark | Crushed, Decoction | Bath | Rheumatic fever | 4 | 3.05 | [39] |
| Moraceae (3) | <i>Ficus exasperata</i> Vahl. | D86HK9 | Gnongni (s) | Whole plant | Itching (corrosive to the skin) | Leaves | Decoction | Oral | Intestinal parasites | 1 | 0.76 | [40] |
| | <i>Milicia excelsa</i> (Welw.) C. C. Berg. | D86HK10 | Simmai (s) | Leaves, Roots | Bloating, diarrhea | Leaves, root | Decoction, Maceration, Crushed | Bath, Brushing | Protection against evil spells, Inflammation, Headache. | 4 | 3.05 | [30] |
| | <i>Ficus ovata</i> Vahl. | D86HK11 | Sokii (s) | Leaves | Diarrhea | Leaves | Crushed | Brushing | Wound | 1 | 0.76 | |
| Myrtaceae (1) | <i>Uromyrtus baumanii</i> (Guillaumin) N.Snow & Guymer | D90HK10 | Kouroukaré (s) | Leaves | Vomiting | Leaves | Decoction | Cutaneous route | Skin conditions | 1 | 0.76 | |
| Plantaginaceae (1) | <i>Scoparia dulcis</i> L. | D175HK1 | Céréré (s) | Leaves | Diarrhea | Leaves | Decoction, Maceration, Crushed | Bath, Brushing | Bad luck, Protection against evil spells, Bowed leg, inflammation | 4 | 3.05 | [41] |
| Phyllanthaceae (1) | <i>Hymenocardia acida</i> Tul. | D176HK4 | Barambaran(s) | Roots | Abdominal pain | Root | Maceration, Powder | Oral | Aphrodisiac | 1 | 0.76 | [42] |
| Poaceae (3) | <i>Imperata cylindrica</i> (L.) P. Beauv. | D162HK2 | Solongni | Whole plant | Bloating | Whole plant | Decoction | Oral | Undernutrition | 1 | 0.76 | [43] |
| | <i>Oryza sativa</i> L. | D162HK3 | Malé (s) Maro(p) Malo (M) | Rhizomes | Death | Not used | Not used | Not used | Not used | 1 | 0.76 | [44] |
| | <i>Eleusine indica</i> L. | D162HK4 | Tinguringni (s) | Leaves | Death | Not used | Not used | Not used | Not used | 1 | 0.76 | |
| Rubiaceae (6) | <i>Canthium venosum</i> (Oliv.) Hiern | D117HK12 | Dakka (p) | Leaves | Dizziness, headache, death | Not used | Not used | Not used | Not used | 2 | 1.53 | |
| | <i>Morinda geminata</i> DC. | D117HK13 | Bombai (s) | Leaves, Roots | Diarrhea | Leaves, roots | Decoction | Bath, Fumigation | Jaundice, Internal hemorrhoid | 3 | 2.30 | |
| | <i>Sarcocephalus esculentus</i> | D117HK14 | Doundakhaikindanmati (s) | Leaves | Diarrhea | Leaves | Maceration or | Oral | Malaria | 1 | 0.76 | [34] |

| | | | | | | | | | | | | |
|---------------------|---|----------|-----------------------|---------------------|---------------------------|--------------------|-----------------------|------------------|----------------------|----|------|----------|
| | Afzel. | | | | | | Decoction | | | | | |
| | <i>Sabicea vogelii</i> Benth. | D117HK15 | Khouré safouingni (s) | Leaves | Diarrhea | Leaves | Decoction | Bath | Inflammation | 1 | 0.76 | |
| | <i>Gardenia erubescens</i> Stapf&Hutch. | D117HK16 | Tinkhai (s) | Leaves, | Diarrhea, death, vomiting | Leaves, root, bark | Decoction, Maceration | Bath | Aphrodisiac, Jundice | 12 | 9.16 | [45] |
| | <i>Psychotria vogeliana</i> Benth. | D117HK17 | Bôkhidokhai (s) | Whole plant | Death | Not used | Not used | Not used | Not used | 1 | 0.76 | |
| Sapindaceae (2) | <i>Blighia welwitschii</i> (Hiern) Radlk. | D121HK6 | Kinonai (s) | Leaves, Whole plant | Diarrhea, death | Not used | Not used | Not used | Not used | 4 | 3.05 | |
| | <i>Allophylus africanus</i> P.Beauv. | D121HK7 | Foutaitai(s) | Leaves | Abortion | Leaves | Decoction | Bath, Fumigation | Hemorrhoids, Malaria | 2 | 1.53 | [33] |
| Selaginellaceae (1) | <i>Selaginella Myosurus</i> (Sw.) Alston. | D177HK1 | Khaimafiri (s) | Whole plant | Irritation | Whole plant | Decoction | Bath | Skin conditions | 1 | 0.76 | |
| Solanaceae (2) | <i>Solanum torvum</i> Sw. | D125HK3 | Baikhi (s) | Leaves | Delirium | Leaves | Maceration | Oral | Snake bite | 2 | 1.53 | [23] |
| | <i>Datura metel</i> L. | D125HK4 | Mèringni (s) | Fruits | Delirium | Not used | Not used | Not used | Not used | 9 | 7.00 | [19, 21] |

Reported adverse events (see Table 3) are mainly digestive, including diarrhea (21 species) and vomiting (6 species); neurological, including dizziness (3 species) and delirium (7 species); dermatogenic (9 species) and ophthalmic (1 species). Fifteen (15) plant species reportedly had major toxic events leading to death. Of these, the most cited were *Erythrophleum suaveolens* (FC=36, PRK=27.50%), *Dichapetalum toxicarium* (FC=26, PRK= 20%), *Gardenia erubescens* (FC=12, PRK=9.16%), *Detarium senegalense* (FC=6, PRK= 4.6%), *Strophanthus hispidus* (FC=5, PRK=4%).

Other plants with insidious effects cited by the traditional healers we interviewed include *Mucuna pruriens* (FC=11 PRK=8.4%), which causes skin irritation; *Datura metel* (FC=9, PRK=7%), which causes delirium; and *Anthostema senegalense* (FC=8, PRK=6.11%), whose latex causes blindness. Although the surveyed therapists reported that the latex of *Anthostema senegalensis* is toxic in contact with the ocular mucosa, causing blindness, this plant is nevertheless used as a laxative in traditional Guinean medicine, especially the young leaves.

The plants cited as having undesirable or toxic effects are used in the treatment of various pathologies such as malaria, jaundice, constipation, dermatoses, among others (Table 3).

The seeds of *Mucuna pruriens* are used by traditional therapists as an oral treatment of snake bites. *Milisia excelsa* is used against headaches and as an anti-inflammatory.

However, no therapeutic use was reported for some plants such as *Dichapetalum*, *Toxicarium*, *Datura metel*, *Blighia welwitschii*, *Vernonia nigritiana*, *Hibiscus sterculiifolius*, *Canthium venosum*.

Table 3: Toxic manifestations reported according to the number of plants concerned

| Type of manifestation | Symptoms | Number of Species | Percentage |
|-----------------------|-----------------------|-------------------|------------|
| | Diarrhea | 21 | 39.00 |
| Gastrointestinal | Vomiting | 6 | 11.11 |
| | Intestinal hemorrhage | 2 | 3.70 |
| | Bloating | 2 | 3.70 |
| | Abdominal pain | 6 | 11.11 |
| General | Death | 15 | 27.80 |
| | Delirium | 7 | 5.36 |
| Neurologic | Dizziness | 3 | 5.36 |
| | Headache | 1 | 1.79 |
| Ophthalmologic | Blindness | 1 | 7.14 |
| Dermatologic | Itching | 4 | 7.14 |
| | irritation | 5 | 9.26 |
| Gynecologic | Abortion | 3 | 5.56 |

Previous laboratory investigations on some of these plant species highlighted toxic activities of their extracts and/or constituents:

- The alkaloids and cyanogenic glycosides present in *Erythrophleum suaveolens* are responsible for this plant's toxicity [13, 14]. The toxicity profile of its aqueous extract includes cardiorespiratory and central nervous system effects, such as dyspnea, bradycardia and increased contractile force, ataxia, convulsions, and coma leading to death [15].

Although this plant's toxicity is well known in Guinea, it is nevertheless used medicinally, particularly by local application to treat skin conditions and pain.

- *Dichapetalum Toxicarium* has toxic effects attributed to the presence of fluoro-oleic acid in the seeds, which would act by reducing cardiac function until bradycardia and death ensue [16].

- The presence of a cyanogenic glucoside derivative in the poisonous fruit of *Detarium senegalense* strongly suggests its ingestion is responsible for poisonings, a hypothesis borne out by the similarity of the symptoms observed in *D. senegalense* intoxication to those occurring with cyanide intoxication [17].
- Toxicity has been reported from all parts of *Datura sp* due to the presence of toxic anticholinergic tropane alkaloids, which cause neuronal toxicity [18]. Signs of anticholinergic toxic effects include acute confusion, fever, tachycardia, dilated pupils, dry mouth, urinary retention, hallucinations, headache, delirium, rapid and weak pulse, convulsions, coma and death [19, 20].
- Poisoning cases related to *Datura* species have been reported in many countries [19-22]. The addictive use of this plant by young people is increasingly reported in some West African countries, including the Republic of Guinea.
- Steroid glycoalkaloids are reportedly responsible for the toxicity of *Solanum torvum* [23, 24]. Its clinical symptoms are likely due to concomitant muscarinic and nicotinic stimulation [25].
- The toxic effects of *Strophanthus*, a plant historically used as an arrow poison could be related to the presence of cardiotoxic heterosides, which are known to have a narrow therapeutic margin [26, 27].
- Apart from the aril, the fruit of *Blighia welwitschii* is very poisonous [28].
- The parasitic plant *Cassytha filiformis* is nontoxic and poisonings attributed to it in the literature are likely due to its parasitic relationship to *Gelsemium elegans*, a plant with very toxic alkaloids whose consumption lead to death [29].

However, studies of toxicity in animals on 19 of the 54 plants identified (35.18%) indicated that some are safe, such as *Milicia excelsa* [30], *A. occidentale* [31], *Markhamia tomentosa* [32], *Allophylus africanus* [33], and *Sarcocephalus latifolius* [34].

Meanwhile, some study participants reported plant toxicities not found in the literature. For example, *Gardenia erubescens*, one of the plants most cited (FC=12, PRK=9.16%) as having toxic effects, is valued medicinally as an aphrodisiac, as an anti-malarial and in the treatment of jaundice, among other conditions. It is possible that these toxicities reflect inadequate control of the therapeutic dose or to a misuse.

Conclusion

The findings herein, which demonstrate that traditional healers have useful knowledge about plant toxicity and adverse effects, support involving them in a phytovigilance system by promoting their awareness and training them to report adverse effects.

While more research is needed to further clarify the toxic effects of certain plants, these findings provide a basis for establishing a database identifying the toxicity of plants used medicinally and non-medicinally. They they are being used to develop a phytovigilance database in Guinea.

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Conflict of interest

The authors declare no conflicts of interest. The authors alone are responsible for the accuracy and integrity of the paper content.

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